

# Tonsillectomy & Adenotonsillectomy Algorithm



### **INCLUSION**

Tonsillectomy and adenotonsillectomy patients < 18 years of age

## Extended Recovery Overnight Criteria

Required: < 3 years

#### Recommended:

- Obesity
- Failure to thrive
- Recent URI
- Craniofacial anomalies
- Prematurity
- Neuromuscular disorder
- Cardiac complications of obstructive sleep apnea (RVH)
- Severe
   obstructive sleep
   apnea symptoms
   on
   polysomnogram

## Consider refraining from opioids in following patients\*

- BMI ≥ 99<sup>th</sup> or
   5<sup>th</sup> percentile
- Craniofacial diagnosis
- Laryngotracheal pathology
- Neuromuscular disease

